



## Milk: A Silent Killer

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By N. K. Sharma

Hind Pocket Books, New Delhi, 2013. Soft cover. Book Condition: New. Your child drinks milk glass after glass, and you wonder why he is always ill, the doctors will never tell you but this book will. Dairy consumption leads to diseases such as mumps, colds, pneumonia, bronchitis, heart attacks, renal stones, arthritis, tumors and even cancer. This book dispels some of the basic milk-related myths prevalent since centuries. Break the biggest myth surrounding human health. Reclaim your power. And gift yourself and your family perfect health. The book was first published in 1987 as a voice in the wilderness proclaiming a message the world was not ready to receive yet. Now republished 25 years later, when veganism is a widely accepted philosophy, this book is here to be a revelation for all those who wish to heal themselves and lead a disease free life. Page Extent: 240.



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