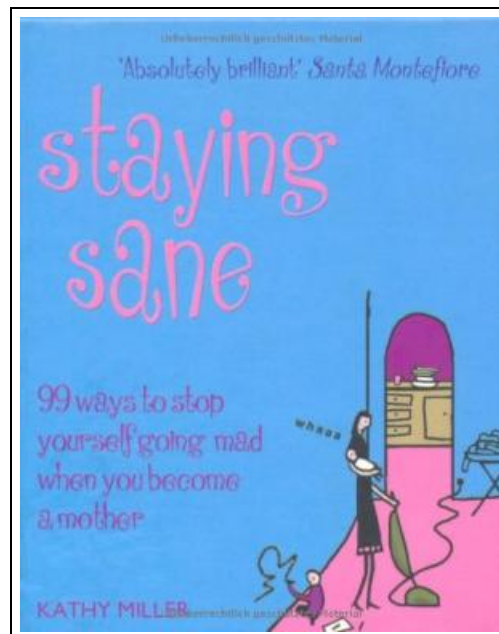


Staying Sane: 99 Ways to Stop Yourself Going Mad When You Become a Mother (Hardback)



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Reviews

The book is simple in read safer to comprehend. It is writter in straightforward words and phrases instead of confusing. You wont truly feel monotony at anytime of your time (that's what catalogues are for concerning in the event you request me).
(Brannon Koch)

STAYING SANE: 99 WAYS TO STOP YOURSELF GOING MAD WHEN YOU BECOME A MOTHER (HARDBACK)

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PAVILION BOOKS, United Kingdom, 2007. Hardback. Book Condition: New. 136 x 114 mm. Language: English . Brand New Book. Described as the indispensable survival guide for every woman who has put her career on hold to have a baby , Staying Sane is an acutely observed and brilliantly funny book for women who excelled in life BC (Before Child) and are struggling AD (After Delivery). Sleep-deprived and with a baby in tow, suddenly going to the supermarket feels like a polar expedition and following a recipe is as easy as studying for PhD in applied physics. And precisely when a new mother is brain-dead and can barely understand the instructions on a microwave meal, they get presented with books the size of telephone directories on parenting. Staying Sane is the welcome antidote to such manuals. Warm, witty and wise, it does not lecture you on how to be the perfect mother. Instead, it is meant to provide at-a-glance nuggets of wisdom and humour to help through the darkest days of mental dementia. It will even help con their husbands into thinking he s getting a decent meal every night.



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