



A Man, a Can, a Microwave: 50 Tasty Meals You Can Nuke in No Time (Hardback)

By David Joachim, Men s Health

RODALE PRESS, United States, 2004. Hardback. Condition: New. Language: English . Brand New Book. First came A Man, a Can, a Plan: 50 Great Guy Meals Even You Can Make. The Sunday Star-Ledger cheered it as a foolproof, not to mention spill-proof guide to manly success in the kitchen. And the Detroit News exclaimed, Dude, this cookbook is for you. Next came A Man, a Can, a Grill: 50 No-Sweat Meals You Can Fire Up Fast. Cookbook author Andrew Schloss, who wrote Cooking with Three Ingredients and Dinner s Ready, called the recipes easy, flavorful.streamlined and smart. Real food-so good that no one will ever guess your secret is in the can. Now there s A Man, a Can, a Microwave-and all those dudes who helped put the Grill book on the New York Times how-to bestseller list will be pleased to know that David Joachim and the editors of Men s Health haven t lost a beat. The 50 guy-friendly, nuke-able meals using packaged ingredients are fun to make and great to eat-and include such tasty dishes as Italian One-Dish Fish, Teriyaki Beef with Broccoli, and Painless Paella. With step-by-step recipes and full-color photos, A Man, a Can, a...

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