



Embracing Toby: Recognizing Self-Inflicted Wounds Retraining Your Brain (Paperback)

By Abdalla Rashad Tau, Dr Abdalla Rashad Tau

Exposure Foundation Incorporated, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Dr. Abdalla Rashad Tau is the Founder of The Exposure Foundation, Inc., the platform he utilizes to introduce individuals to ideas and experiences outside of their immediate belief system and physical environment. His sophomore book, Embracing Toby, is a work that is definitely outside of the box and a great follow-up to his first book, Delinquent to Doctor. Embracing Toby was developed to be thought provoking and ignite conversations throughout the African Diaspora of how we can extinguish cancerous mindsets, behaviors, and rituals that were planted in our minds, bodies, and spirits during a time of overt European Colonialism, Trickery, and the rewriting of history. Embracing Toby will highlight various characteristics of the African community that are counterproductive to its existence. The purpose of Embracing Toby is not to point fingers or place blame on present or past villains. Nor is the purpose to influence individuals to hate or have malice in their heart toward their fellow man. I want us to self-assess and gauge what works and what does not work in our lives. Hopefully, self-reflection and being open to...

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Auzou. Paperback. Book Condition: New. Eleonore Thuillier (illustrator). Paperback. 32 pages. Dimensions: 8.2in. x 8.2in. x 0.3in. Mr. Wolf is in a very bad mood. This morning, he does not like his color anymore! He really wants to try another one, just to see...



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Tarcher/Putnam, US, United States, 2012. Paperback. Book Condition: New. 206 x 137 mm. Language: English . Brand New Book. The Revolutionary Program That Gets Your Kids To Listen Without Nagging, Reminding, or Yelling Why does it feel sometimes as if our children have...



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Random House USA Inc, India, 2012. Paperback. Book Condition: New. Joe Mathieu, Aristides Ruiz (illustrator). 198 x 198 mm. Language: English . Brand New Book. Fans of the Cat in the Hat have cause to celebrate this holiday season with two stories...



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Createspace, United States, 2015. Paperback. Book Condition: New. 258 x 208 mm. Language: English . Brand New Book ***** Print on Demand *****.This isn't porn. Everyone always asks and some of our family thinks it is for sure. but it's not....