

## Kill the Recipe: A Cookbook and Visual Guidebook on the Basics of Radical Beanmaking and Plant-Based Eating (Paperback)



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### **Reviews**



*Extensive manual for publication fans. It is actually filled with knowledge and wisdom You can expect to like how the author compose this pdf.*

*(Alvina Runte PhD)*

## **KILL THE RECIPE: A COOKBOOK AND VISUAL GUIDEBOOK ON THE BASICS OF RADICAL BEANMAKING AND PLANT-BASED EATING (PAPERBACK)**



Foodsexart, United States, 2012. Paperback. Condition: New. Lucy Engelman (illustrator). Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Kill the Recipe is a cookbook and visual guidebook on the basics of radical beanmaking and plant-based eating, written by Mark Andrew Gravel and illustrated by Lucy Engelman. The book shows you, through a series of how-to s, all the ways you can repurpose a simple pot of beans into other convenient and inexpensive meals throughout the week. It guides you through making a heady soup or stew, an earthy casserole, a velvety puree, a quick saute or a flavorful side, a cool salad, easy bean patties and crunchy roasted beans. It also teaches you how to make crispy bean fritters and bean pancakes as well as fix a quick pot in under 10 minutes. Kill the Recipe illustrates all of this, literally, and strives to broaden your understanding of cooking in a way that will, ultimately, save you both time and money.

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