



Adult-Gerontology Practice Guidelines (Paperback)

By -

Springer Publishing Co Inc, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book. The first book to encompass adult-gerontology practice guidelines for primary care, this is a comprehensive resource designed for health care practitioners who intend to take the new Adult-Gero NP course and certification exam. It provides current national practice guidelines for delivering high quality primary health care to adults and older patients in the outpatient setting, along with specific care guidelines for adult, pregnant, and older adult patients. The book delivers information on the physical exam, diagnostic testing, health promotion including dietary concerns, procedure guidelines, and national resources and includes extensive patient teaching guides with printable education points. For quick and easy access, practice guidelines are organized primarily by body system and content is presented in a consistent format. Each of the 246 disorder guidelines include definition, incidence, pathogenesis, predisposing factors, common complaints, other signs and symptoms, subjective data, physical exam, diagnostic tests, differential diagnoses, plan of care, follow-up, consultation/referral, and individual considerations. A particularly useful feature is the Practice Pointers highlighting crucial information for each disorder. The book includes chapters that focus on topics pertaining to the aging adult, including: major effects of aging on each...



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