

Flavours of Morocco: Tagines and Other Delicious Recipes from North Africa (Hardback)



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Reviews

Very helpful to any or all category of folks. It is written in simple phrases rather than difficult to understand. It has been developed in an exceptionally simple way and is particularly just after I finished reading this pdf in which basically transformed me, modify the way in my opinion.

(Hank Runte)

FLAVOURS OF MOROCCO: TAGINES AND OTHER DELICIOUS RECIPES FROM NORTH AFRICA (HARDBACK)



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Ryland, Peters Small Ltd, United Kingdom, 2016. Hardback. Book Condition: New. 254 x 216 mm. Language: English . Brand New Book. Start your culinary journey by discovering Kemia Salads. Kemia are small bites eaten at the start of a meal. Try recipes for Mini Fish Kefta with Saffron or a Carrot and Cumin Salad with Orange Flower Water. Next enjoy Soups, Breads Savoury Pastries. Try Rustic Tomato and Vegetable Soup with Ras-el-Hanout or Creamy Pumpkin Soup with Aniseed and Saffron, served with Moroccan Country Bread. Bake the Classic Chicken Pie with Cinnamon (B Stilla); or little Pastries Filled with Spicy Minced Meat. A chapter on Tagines, K dras Couscous features the popular Lamb Tagine with Almonds, Prunes and Apricots; Chicken Tagine with Preserved Lemons, Green Olives and Thyme; K dras (stews), such as Chicken K dras with Chickpeas, Raisins and Red Peppers, all served with buttery couscous. Grills, Pan-fries Roasts include Souk Kebabs with Roasted Cumin and Paprika; Baked Trout Stuffed with Dates; and Roast Duck with Honey, Pears and Figs. Delicious Vegetables, Side Dishes Preserves include Casablanca Stuffed Tomatoes and Honey-glazed Pumpkin with Spices. Finally, Sweet Snacks, Desserts Drinks brings treats such as Fresh Figs with Walnuts and Honey and Rose-flavoured Milk Pudding - all perfect served with Mint Tea. Throughout the book are essays on key aspects of Moroccan culinary culture, from The Olive and the Argan to The Souks, Spices and Sensual Flavours, that help to bring the food of this vibrant and exotic land to life.



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