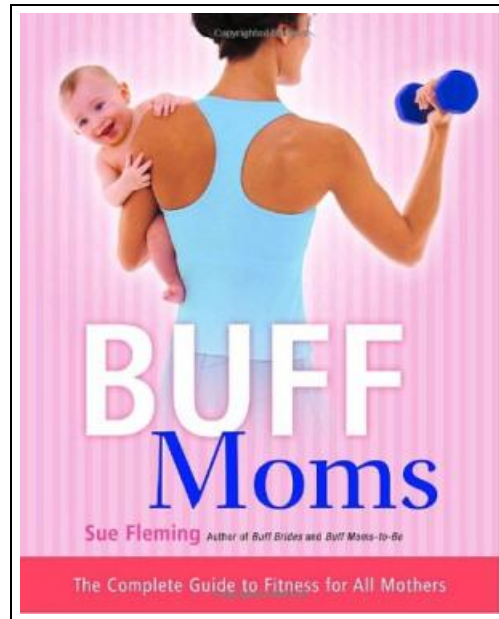


## Buff Moms: The Complete Guide to Fitness for All Mothers



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